TOP TEST TAKING STRATEGIES FOR STUDENT SUCCESS

WRITTEN BY TRIO STAFF

If you struggle with taking tests, you aren’t alone! Many students find test taking stressful. Thankfully, there are strategies and tips that can help you when exam time comes. These strategies can help you whether you are studying for your Driver’s Test, a standardized exam or a science quiz.

Make a Plan: Set a schedule for when you are going to review the material. You should study for at least twenty minutes a day the week before an exam.

Study in Sections: Divide the material into sections and summarize each section in your notes. Create flashcards for all of the vocabulary terms. Summarizing and writing down the main ideas of each section will help you to retain the information.

The Night Before: Don’t stay up late and try to learn everything overnight. Get some good sleep so you are alert and can put in your best effort!

Save the Hardest For Last: If you get stuck on a problem, skip it and come back to it later. Just be sure to come back to it later.

Review: Try to save some time to review all of your answers and make sure each one is completed to the best of your ability.

Stay Positive & Realistic: Remember that no test can perfectly capture your knowledge on a subject. Do your best and forget the rest.
On Jan 28 & 29, 2022 Senior students from Perry High School participated in a college visit trip to Univ. of Iowa and Univ. of Northern Iowa.

At both regent institutions, the students took a tour of the university had an admissions/financial aid presentation and enjoyed a meal in the dining halls.

The cultural portion of the trip included lunch and a walking tour of the Amana Colonies in Amana, Iowa. This experience helped some of the students determine which, if either of the regent schools, they plan to attend and allowed them to have their decision making questions answered.

"TALK TO YOUR TALENT
SEARCH OR UPWARD BOUND
ADVISOR WITH QUESTIONS
ABOUT ANY OF THESE EVENTS"
WELCOME NEW TALENT SEARCH STAFF

BRI LAUGHLIN

We are so excited to be welcoming Bri Laughlin as our new advisor to the South Tama and Marshalltown Schools!

Bri is one of our own! She participated in Upward Bound in high school, is a graduate of Marshalltown High School, gained her Associate's degree from Marshalltown CC then went on to receive her Bachelor's degree in Child, Adult, & Family Services from Iowa State. She has her master's degree in Student Affairs from Iowa State.

Her most recent position is Residence Hall Director at Grand View University. She has worked in Residence Life at Iowa State and served as a Soft Skills Coach for ISU Student Accessibility Services. Bri has even served as residence hall staff for UB summer program twice. We are thrilled to have her here!

MEGAN AVERILL

We want to give a warm welcome to one of our newest advisors. Megan will be serving the Fort Dodge and Perry School districts.

Megan received her AA degree from Iowa Central CC (where she was student body president!) and her Bachelor's degree in elementary education from UNI. She was an elementary teacher for 4 years at schools in Iowa and Kansas City.

She most recently served as the Director of Education at Sylvan Learning where she worked with students at all grade levels. She will be a great asset to the TRIO team!
SELENA ZAPATA
12TH GRADE
SOUTH TAMA HIGH SCHOOL

Selena has been a joy to get to know so far. She is genuinely excited about each TRIO TS meeting. She continues to come with great questions, a tremendous amount of positivity, and a willingness to engage with others. Selena aspires to be a vet tech, her passion, love of animals, and motivation to succeed shine through in each meeting, which makes it all that much better to work with her!

MADDY HOLLINGSWORTH
10TH GRADE
PERRY HIGH SCHOOL

Maddy has been an active member of TRIO UB and has shown remarkable achievements in and outside of school. She is a member of Jazz Choir which has been participating in numerous competitions throughout the state. On February 7th, 2022, the Jazz Choir completed an excellent performance of "Don't You Worry 'Bout a Thing" arranged by Roger Emerson, "Cry Me a River" by Jay Althouse and "Route 66" arranged by Kirby Shaw. The choir received straight ones from each judge. This is the first time Perry Jazz Choir has ever had straight "ones" in the history of its existence!

“IMAGINE WHAT A HARMONIOUS WORLD COULD BE IF EVERY SINGLE PERSON, BOTH YOUNG AND OLD, SHARED A LITTLE OF WHAT HE IS GOOD AT.”
-QUINCY JONES
Author Jarrett Krosoczka wrote and illustrated this graphic novel as a memoir of his life growing up with an absent father, drug addicted mother, and raised by loving but outspoken, rowdy grandparents and extended family. While some of the language and content is "R-rated", it is very relatable for young adult readers. It has a good mix of humor, family drama, school issues and real life scenarios.

Between the artwork and story line, readers will find it captivating and inspiring. While some of the story line is depressing and bleak, overall readers will find hope in the author’s acceptance of his circumstances and ultimate ability to use his experiences to shape his adult life and become a successful author/cartoonist.
The Upward Bound program provides fundamental support to participants in their preparation for college entrance. The program provides opportunities for participants to succeed in pre-college performance and ultimately in higher education pursuits.

The goal of Upward Bound is to increase the rates at which participants enroll in and graduate from institutions of post-secondary education.

The goal of Talent Search is to increase the likelihood that participants graduate from high school and enroll in college. This goal is accomplished by providing participants with academic support, financial aid resources, and personal counseling through monthly school visits. Talent Search advisers work with school counselors and teachers to identify qualified youth who have the potential for success in college.

As a TRIO student, you now have access to Virtual Job Shadow and PhotoStudy. Ask your advisor about how to sign in and start using these great FREE resources for tutoring and career exploration!

**ADVISORS**

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