

ISU TRIO NEWSLETTER

An Official Quarterly Publication of ISU TRIO Talent Search and Upward Bound



TRIO STUDENTS: PAYING FOR COLLEGE

NEWSLETTER HIGHLIGHTS

ACT TIPS FROM ADVISORS

TRIO EVENT HIGHLIGHTS

TS ALUMNI SPOTLIGHT

WINTER BOOK REVIEW

UPCOMING EVENTS & SURVEY

WINTER FUN



Scan
ME!

**FOR A CAREER
SPOTLIGHT VIDEO
IN ROBOTICS!**

Paying for college can be a daunting task, but there are a few strategies you can use to make it more manageable. On average, public college graduates have \$26,000 in student debt (US News Data). That's a big number to think about, but there are steps you can take now to help cover the costs.

Take College Credit Now- There are classes you can take in high school that are FREE and allow you to receive high school and college credit.

Stay involved- Whether your student is in sports, yearbook club, Boys and Girls club, or volunteers, it all counts! Being involved in extracurricular activities will make your student a great candidate for their colleges and scholarship applications.

Start a College Fund- Instead of buying expensive gifts for birthdays or special occasions, consider opening a savings account for your student, and putting a portion of your money away for their education.

Apply for Scholarships- Encourage your student to talk to their school counselor or a TRIO advisor to find out more about what scholarships are available. Scholarships can come from religious communities, local banks and even your place of employment. These institutions often have scholarship funds available, just ask!

Complete your FAFSA in a timely manner- Filing your taxes and completing the Free Application for Federal Student Aid (FAFSA) during your student's senior year are the first steps to receiving any type of federal financial aid. Many scholarships require it and your student can't qualify for grants or aid without it. Review your Financial Aid Package with a TRIO advisor!

ACT TIPS FROM ADVISORS

Taking the ACT can be a daunting task, but with the right preparation, it doesn't have to be.

- The first step is to create a study plan that outlines when and how you will study.
- You should also make sure to familiarize yourself with the test format and structure, which you can do by visiting the official ACT website or taking a practice test.
- Once you have the basics down, it's time to focus on the material. Make sure to review all of the topics covered on the test and practice as much as possible. This can include taking practice tests and quizzes, reviewing flashcards, or talking to someone who has already taken the test.
- Finally, make sure to get plenty of rest before the test so that your mind is clear and sharp on the day of the exam. With these tips, you'll be well on your way to success on the ACT.

If you are stuck on a question, skip it and come back to it later. This will allow you more time to answer all the questions you feel confident about first!

Megan
Averill

ACT does not count off for wrong answers, so be sure to answer every single question!

Kurt
Roberts

Your self-worth isn't attached to a certain score! Find ways to familiarize yourself with the test, look up online resources or ask your TRIO Advisor!

Bri
Laughlin

With TRIO, your ACT fee is WAIVED!

**ACT
PREP**



TRIO UPWARD BOUND HOLIDAY EVENT

UPWARD BOUND STUDENTS CELEBRATED THE HOLIDAY SEASON TOGETHER WITH A TRIP TO THE AMES ICE RINK AND A NICE MEAL.



Perry seniors: Elizabeth, Mirna & Natalie



MHS juniors,
Nayeli (left) & Miranda



MHS senior Hser Paw



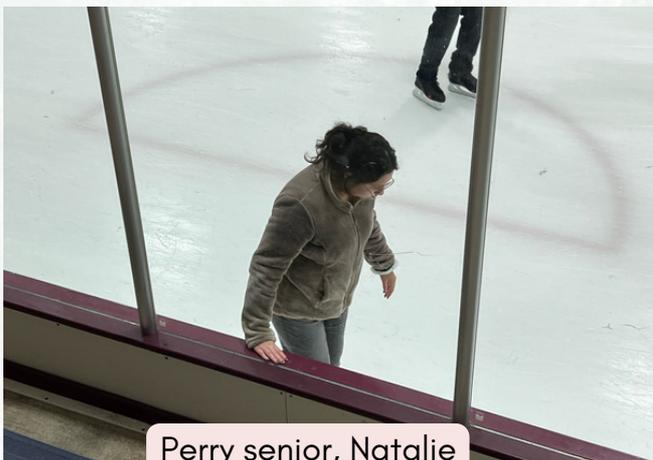
Fort Dodge students, Lakesha (left)
& Samara



MHS sophomore, Izaiah



Perry junior, Jose



Perry senior, Natalie



From left: Fithawit (Perry), Sandra (Perry),
Eh (MHS), Diego (Perry)

TALENT SEARCH COLLEGE VISITS

PERRY, FORT DODGE, MHS AND TAMA JUNIORS AND SENIORS TOURED IOWA STATE UNIVERSITY



The Iowa State Campanile



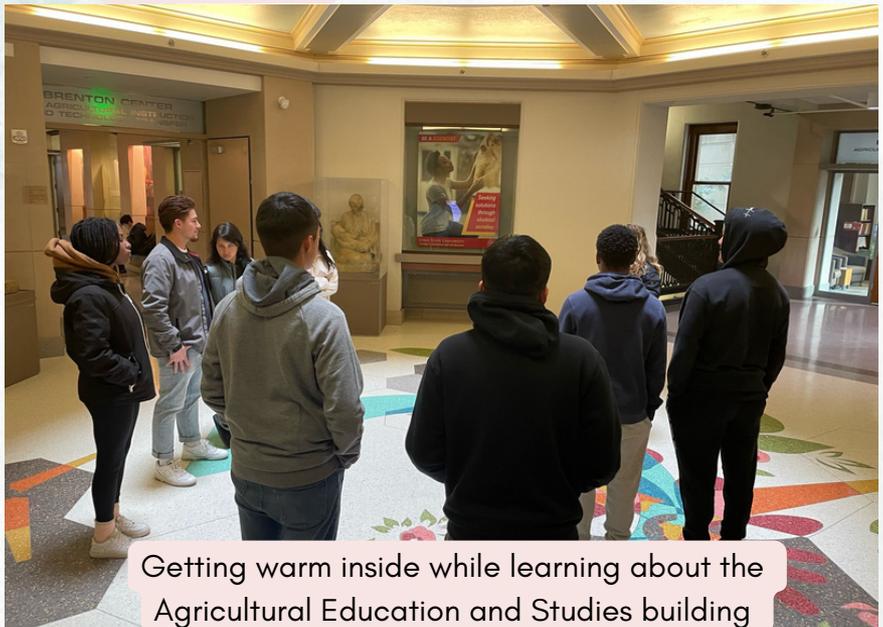
Braving the cold to tour central campus



Touring Eaton Residence Hall



Learning how to play chess



Getting warm inside while learning about the Agricultural Education and Studies building



Touring the Human Sciences Building



Learning about TRIO SSS

TALENT SEARCH VISITS THE UNIVERSITY OF IOWA

FOUNDED IN 1847, THE UNIVERSITY IS IOWA'S OLDEST PUBLIC INSTITUTION OF HIGHER LEARNING. WHEN IT FORMALLY OPENED FOR CLASSES IN 1855, IT WAS THE FIRST PUBLIC UNIVERSITY IN THE UNITED STATES TO ADMIT MEN AND WOMEN ON AN EQUAL BASIS.



Learn more about the history of the University of Iowa here!



TALENT SEARCH VISITS UNI AND THE AMANA COLONIES



Students listen to an admissions session



Students touring the UNI library



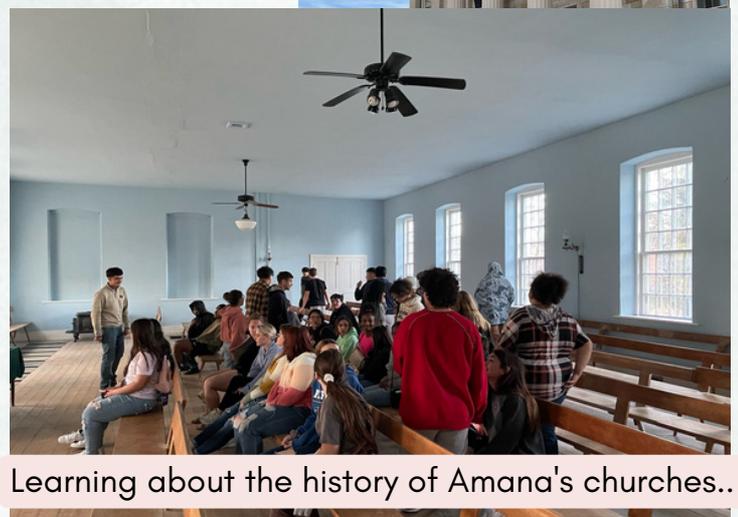
Students taking a look at the basketball court.



Racing across the football turf at the UNI Dome!



Touring the Amana Colonies.



Learning about the history of Amana's churches..

The history of Amana Colonies, a National Historic Landmark and one of America's longest-lived communal societies, begins in 1714 in the villages of Germany and continues today on the Iowa prairie.

TRIO SENIOR SPOTLIGHT

We know that TRIO works and are so excited to share the stories of our seniors! While we wish we had the paper space to spotlight all of our seniors, we are going to focus on one this quarter. It's our pleasure to introduce Katelynn Pentico!

Name: Katelynn Pentico

School: Perry High School

Hobbies: Being outside, watching movies, being with family and friends

Time in Trio: 6 years

College attending: DMACC in Ankeny

Intended Major: BSN

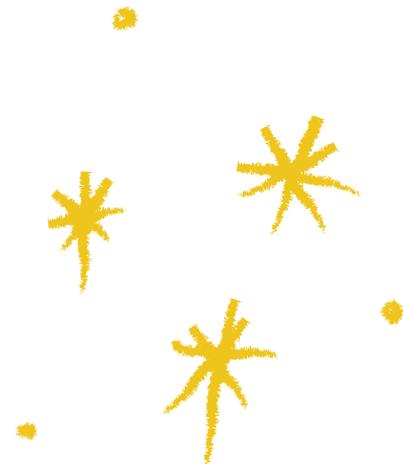
Advice for other TRIO students: You should always show up to meetings because they will help you out along the way when trying to find a college to go to. They also will help you when it gets to college time and filling out the FASFA and college applications. Grades always matter and they are there to help you when you are struggling with grades or if you just need someone to talk to.

How TRIO has helped me with my education:

TRIO has helped me with my education by helping me keep my grades up and getting things done. It has also helped me decide how I want to continue my education after I get out of high school.



*Katelynn
Pentico*



FROM THE BOOKSHELF

BOOK SUGGESTION

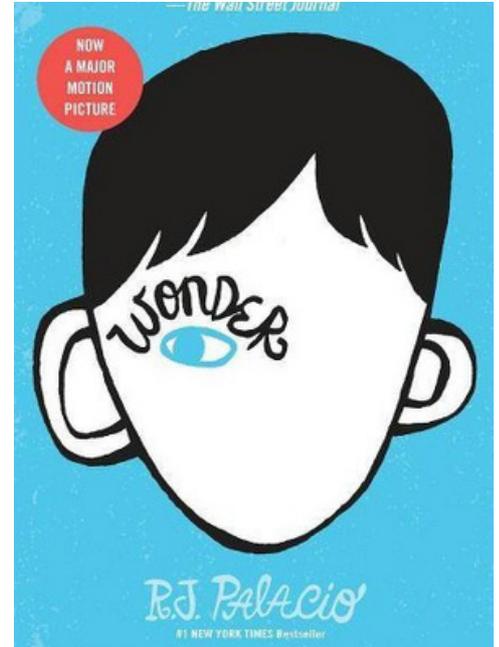
TITLE: WONDER

AUTHOR: RJ PALACIO

August (Auggie) Pullman was born with a severe facial difference that, up until now, has prevented him from going to a mainstream school.

Starting 5th grade at Beecher Prep, Auggie wants nothing more than to be treated as an ordinary kid—but his new classmates can't get past his extraordinary face. *Wonder* begins from Auggie's point of view, but soon switches to include the perspectives of his classmates, his sister, her boyfriend, and others. These voices converge to portray a community as it struggles with differences, and challenges readers, both young and old, to wonder about the true nature of empathy, compassion, acceptance, friendship, and—ultimately—kindness.

Auggie is a hero for the ages, one who proves that you can't blend in when you were born to stand out. *Wonder* has been a New York Times bestseller for over 5 years in a row (with over 140 weeks as #1). It's received numerous national and international awards, including being one of Time magazine's 100 Best Young Adult Books of All Time (January, 2015), and USA Today's Top 100 bestsellers. The movie *Wonder* is scheduled to be released on November 17th, 2017.



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UPCOMING EVENTS

Don't miss out on TRIO events! You can also stay up to date on TRIO related activities via Facebook and Instagram!

EVENT

DATE

National TRIO Day

February 26

Latinx Education Summit

March 3

Build My Future, Des Moines

April 19

TRIO Day, Hawkeye Community College

April 21

Build My Future, Cedar Rapids

April 25

UB Saturday Session

May 13

TS & UB visit to Iowa State

May 23

UB Summer Program Virtual Week

May 30 - June 2

UB Summer Move-In

June 4

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TRIO UPWARD BOUND

The Upward Bound program provides fundamental support to participants in their preparation for college entrance. The program provides opportunities for participants to succeed in pre-college performance and ultimately in higher education pursuits.

The goal of Upward Bound is to increase the rates at which participants enroll in and graduate from institutions of post-secondary education.

TRIO TALENT SEARCH

The goal of Talent Search is to increase the likelihood that participants graduate from high school and enroll in college.

This goal is accomplished by providing participants with academic support, financial aid resources, and personal counseling through monthly school visits. Talent Search advisers work with school counselors and teachers to identify qualified youth who have the potential for success in college.

ADVISORS

[Paula Plath](mailto:pplath@iastate.edu), Upward Bound, pplath@iastate.edu

[Kurt Roberts](mailto:krberts@iastate.edu), Talent Search: Hampton & Fort Dodge, krberts@iastate.edu

[Megan Averill](mailto:maverill@iastate.edu), Talent Search: Perry & Fort Dodge, maverill@iastate.edu

[Bri Laughlin](mailto:briannal@iastate.edu), Talent Search: Marshalltown & South Tama, briannal@iastate.edu

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